

Scarlet Country Bulletin
Monday, February 13, 2017
“A” Day

Then men's swim team competed at the state meet this past Saturday. The 200 Medley Relay team of Chase Ballard, Rory Walling, Alex Liu & Keagan Dolphin finished 16th overall in the state. The same four swimmers finished 22nd in the state in the 200 Free Relay. Then the 400 Free Relay team of Chase Ballard, Parker Bartz, Alex Liu & Keagan Dolphin swam the second fastest time in school history and finished 24th in this event. Overall the team finished 29th at the state meet out of the 34 teams who qualified. Swimmers of the Meet were Parker Bartz and Rory Walling who both swam season best and personal record times. Congratulations to all of the men's swim team on a great season.

Congratulations to Nick Cooper for qualifying to NATIONALS in Original Oratory!

East High School and Debate won Nation Recognition as the Leading Chapter in West Iowa!

Anyone who wrestled this year, you need to turn in your gear today or tomorrow after school in the wrestling room. Congratulations to Deville Dentis, Brock Espalin, and Matt Jordan on qualify for the state wrestling tournament. Wrestling state shirts can be ordered now in the AD office or with Coach Giboo.

Students who want to improve their ACT Scores, please remember to come to the library this afternoon from 2:30-3:30. Don't forget to bring your Des Moines Public Library card.

Girls track will have its first practice tonight. We will meet AT THE STADIUM and begin at 3 PM. Practice will be finished by 5 pm at the latest.

Want to get into shape while promoting school spirit at pep assemblies and East High sporting events? Tryouts for cheerleading will be Monday April 10th through Friday April 14th from 6 to 8 p.m. in the Main Gym. See Ms. Williamson or Ms. O'Connor if you have any questions.

Movement 515 workshop is in Ms. O'Connor's room this Tuesday from 3-4:30. Come take a Chance and get down with the Movement!

Students in the top 15% and top 3% of the class of 2017 should have received a notification of a group photo for the yearbook. The photo will be Wednesday, Feb. 15 at 1 p.m. in the auditorium.

4-H and Project Sewing Machine will meet tonight after school in room 1046. Yearbook pictures will be taken and we will have our Valentine Party.

Have a best friend? Show them how special they are! Get Best Friend Key chains for \$3 at lunch today!

Attention Seniors: Please stop by the Registrar's office to check the spelling of your name for your Diploma.

We have wallets, keys, electronics, clothes, cards, etc. in the main office Lost and Found. These items have been here for a few weeks and will be discarded unless claimed. Stop by and pick up your lost items, by Friday, February 10th.

Boys Rugby: Preseason open gym will be held every Tuesday night in February (7th, 14th, 21st, 28th) in the Main Gym from 7:00 – 9:00 PM.

Students who want to purchase a 2017 East High School yearbook will need to pre-order one by March 8. There will be no extra books ordered. Yearbooks should arrive for pick up in early May. Yearbooks can be pre-ordered and paid for with the bookkeeper for \$60.