SCARLET COUNTRY BULLETIN Monday, November 21, 2016 "B" Day

Juniors and Seniors – your release time forms for next semester are PAST DUE. Get them in to Counseling ASAP – thank you.

Seniors: a list will be posted on the main office window starting tomorrow with all of the senior photos that the yearbook received. It will be posted until Dec. 2. It is every seniors responsibility to check the list to ensure that we have your photo. If your name is not on the list, please see Ms. Niemeyer in 3060N.

The East Men's Swim Team takes on Southeast Polk on Tuesday Night 11/22 at 5:30PM in their first dual meet of the season. The first 100 people to show up will receive a free pair of East High flip flops.

All Wrestlers, fat test will begin at 3:15 in the OLD locker-room. Guys without an 8th block can do their fat test at 2:00.

4-H meets tonight after school in room 1046. We will discuss the 2016 Pillow project. If you would like to be a part of this come tonight!!!

Seniors: If you are planning on applying to Iowa State University or the University of Iowa...both your application AND FAFSA must be complete by December 1st in order for you to meet the priority deadline and be considered for all financial aid opportunities! If you have not completed your application or your FAFSA, you need to work on these things over the break. If you have questions, please see your counselor ASAP!

Students, Come one, Come all, to Journey – We still have <u>Pumpkin Pancakes!!</u> <u>Tuesday</u> morning in room 1059M starting at 7:00am. You'll have a free breakfast served along with a discussion of issues of life and faith. Bring your appetite and your questions - we'll help 'fill you up' and encourage you for the day. See you <u>Tuesday!!!</u>

East High PepE along with Ambassadors would like to invite students and staff to stand in support of groups in our Des Moines Community. So, Tuesday of next week, wear the following colors of support: Red for East High School, Rainbow for LGBTQ, Black for Black Lives Matter, Green for Immigrants, and Blue for Police Lives Matter. Wear your colors and show your support for groups in our Des Moines Community.

Congratulations to our East High Special Olympic bowling team for competing at STATE this past weekend here in Des Moines. They won ribbons and medals representing our school. Congrats to Emma Goff, Audrey Contreras, and David Wilderom! Go East High!

Seniors-- the East High Alumni Foundation, Lois Dale Bright Foundation, and Prairie Meadows scholarships are now ALL available in the Counseling Office. Please stop by and pick up your copies before you leave for Break!

Students, if you ordered pictures from Lifetouch are available in the office. Please stop by before and after school to pick them up.

Yearbooks are now for sale with the bookkeeper for \$60. There will be NO extra yearbooks ordered so you must pre-order a book if you want one. Don't miss out!